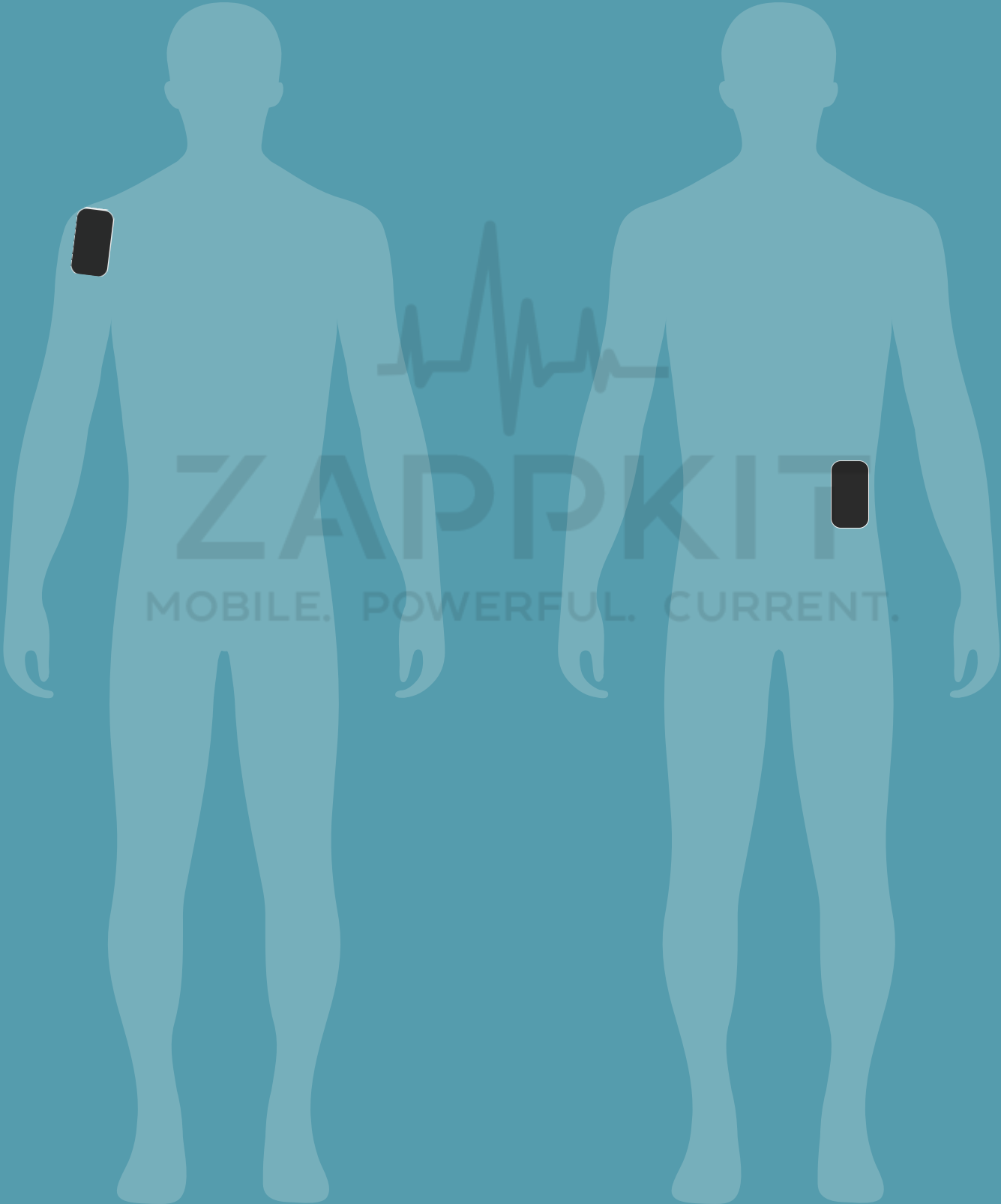
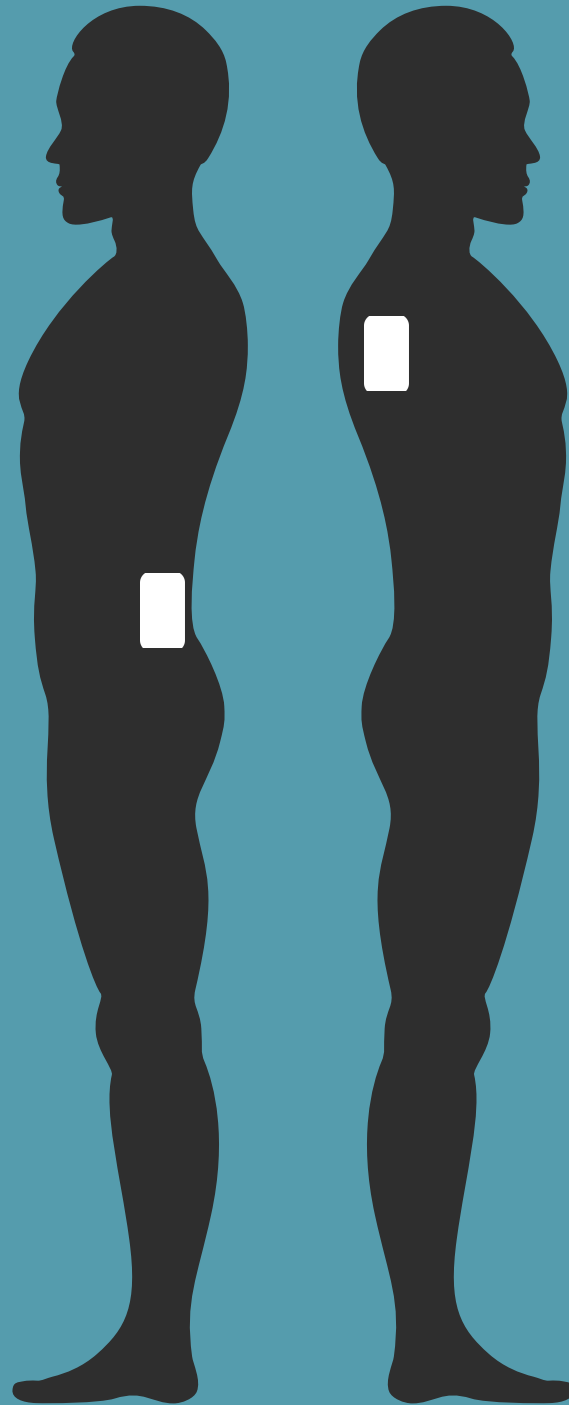


# ELECTRODE PLACEMENT GUIDE



# PLACING ELECTRODES ON



OPPOSITE

SIDES

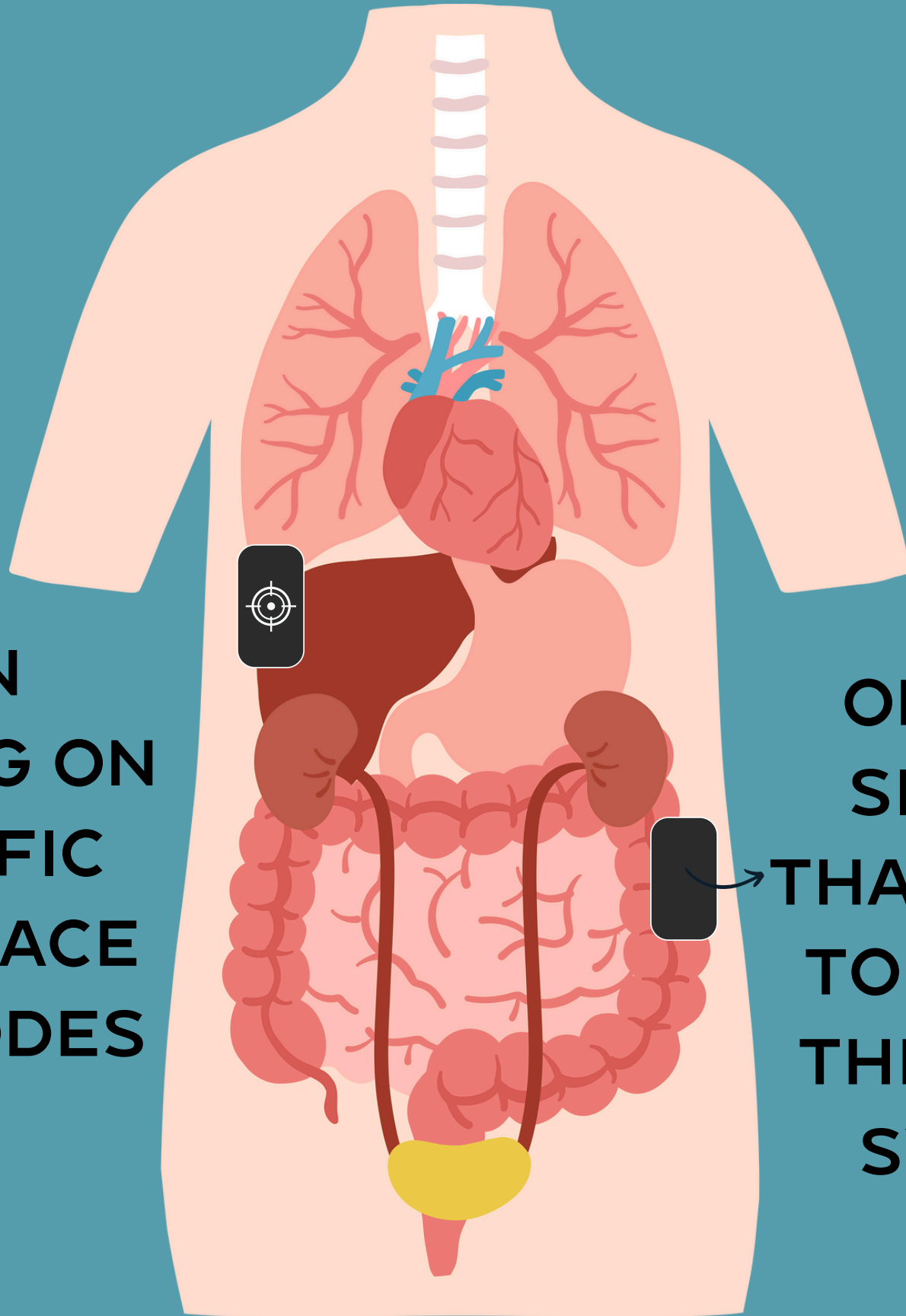
Frequencies flow diagonally  
through the body.

Place one electrode  
in front and another  
in back to create a  
pathway.

OF THE BODY ENCOURAGES A  
BALANCED ENERGY FLOW.

# MAP YOUR BODY SYSTEMS

**WHEN  
FOCUSING ON  
A SPECIFIC  
AREA, PLACE  
ELECTRODES  
ON**



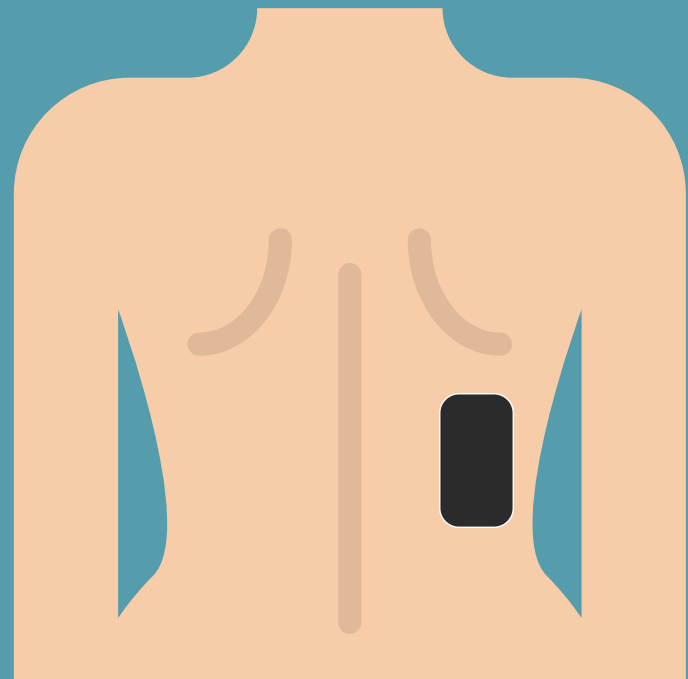
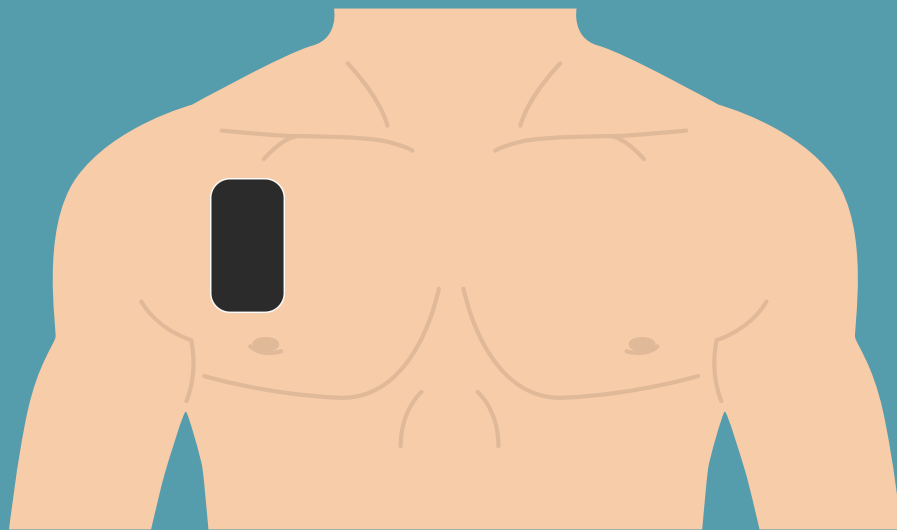
**OPPOSITE  
SIDES OF  
THAT REGION  
TO ENGAGE  
THE WHOLE  
SYSTEM.**

This example targets the digestive system. One electrode is placed on the front near the stomach, while the other is on the lower back, allowing frequencies to flow through the digestive tract from different angles for balanced support.

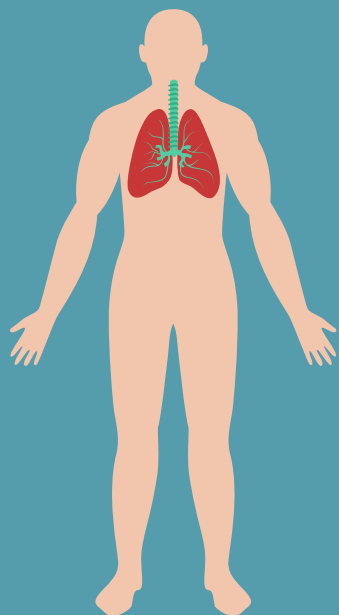
THE ZAMPLIFIER EMITS FREQUENCIES WITHIN A BASKETBALL-SIZED RADIUS FROM EACH ELECTRODE, ENSURING A WIDE, SUPPORTIVE RANGE FOR THE TARGETED AREA.



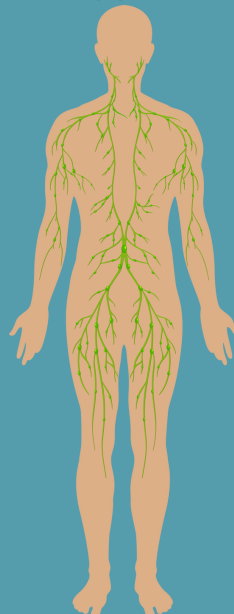
BY PLACING ELECTRODES ON THE LEFT CHEST AND RIGHT UPPER BACK, YOU'RE CREATING A PATHWAY THAT CAN  
**SUPPORT MULTIPLE SYSTEMS**



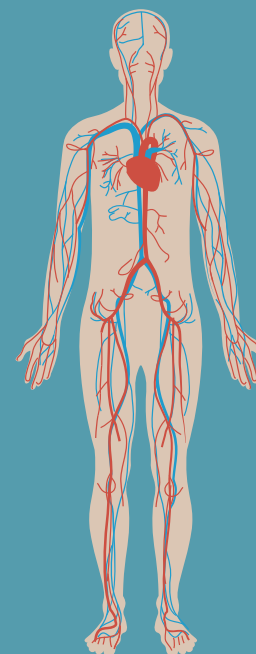
Respiratory



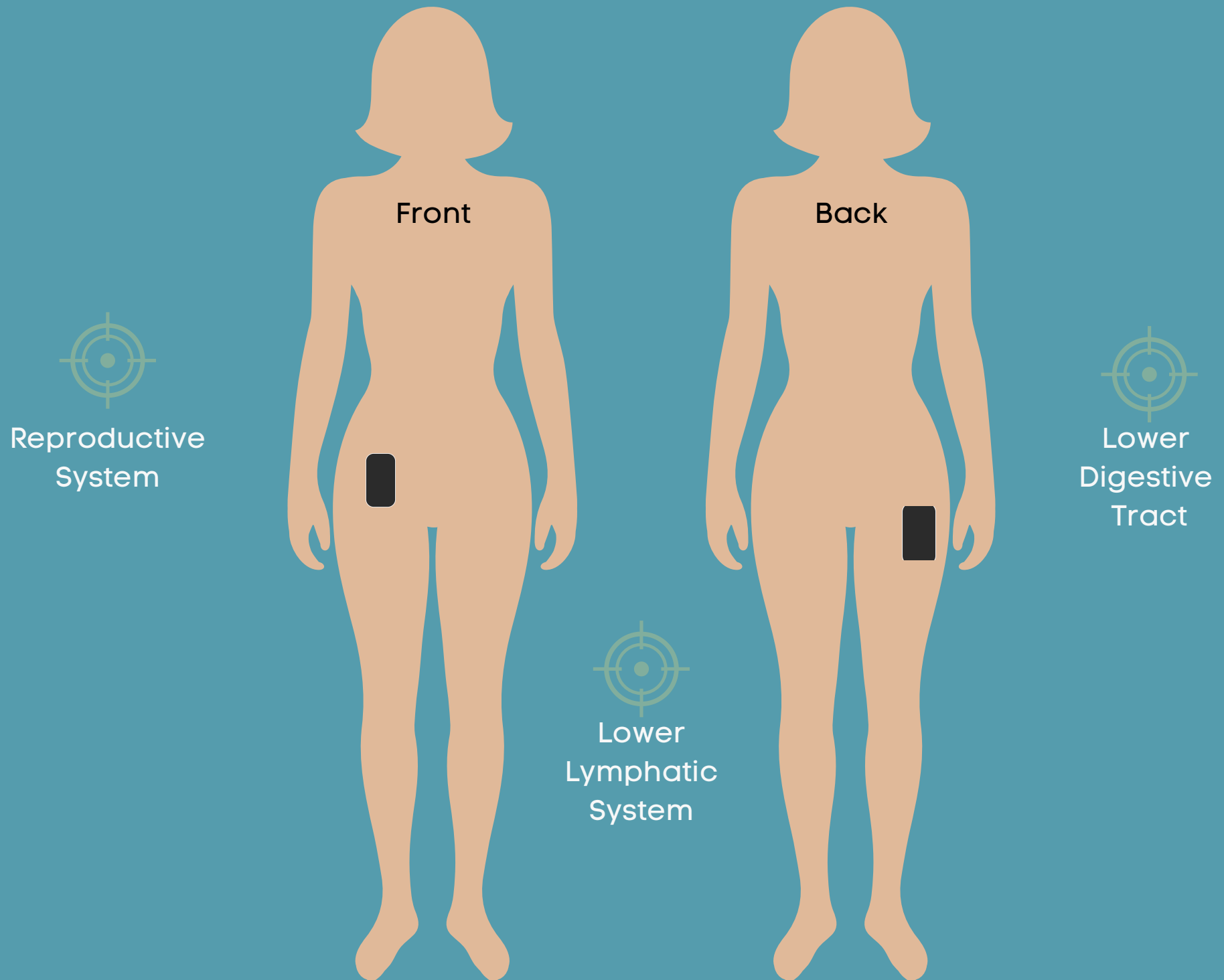
Lymphatic  
(upper)



Circulatory



# ADDITIONAL PATHWAYS FOR



## TARGETING KEY BODY SYSTEMS

**TO TARGET AN IMBALANCE, PLACE AN ELECTRODE ON THE BOTTOM OF EACH FOOT.**



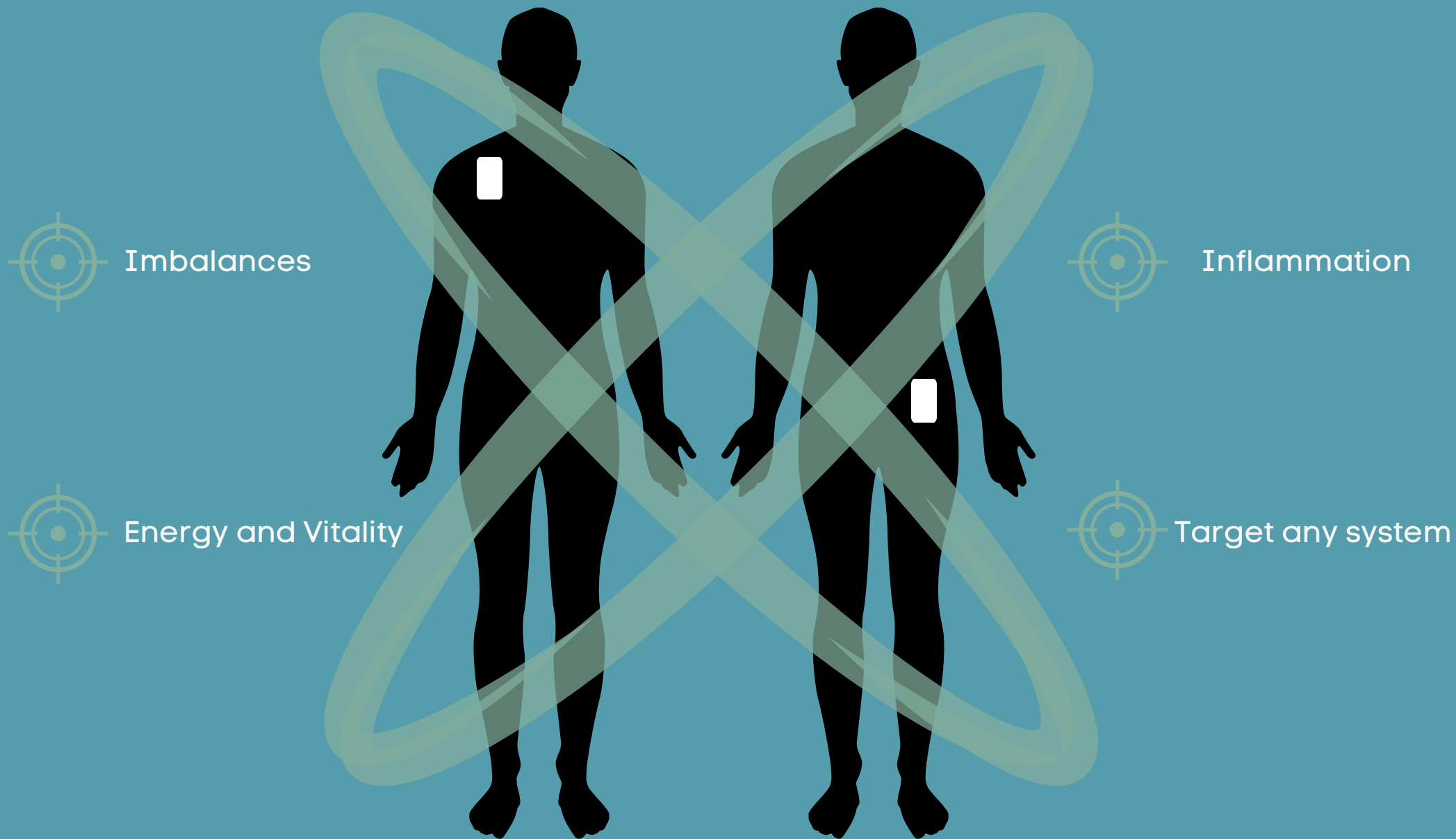
**THIS POSITIONING STIMULATES REFLEX POINTS ON THE SOLES OF THE FEET, SUPPORTING GROUNDING, CIRCULATION, AND ENERGY BALANCE THROUGHOUT THE BODY.**

**TO TARGET ANY JOINTS, PLACE ELECTRODES ON OPPOSITE SIDES OF JOINT ON A SOFT MUSCLE AREA.**





**TO TARGET THE WHOLE BODY, PLACE  
ONE ELECTRODE ON THE SHOULDER...**



**...AND THE OTHER ON THE FRONT OF  
THE OPPOSITE HIP.**



# REMEMBER

- **Clean the Skin:** Start by ensuring the skin is clean and dry to improve conductivity and adherence.
- **Avoid Sensitive Areas:** Avoid placing electrodes on sensitive spots (head, neck, genitals, spine) and areas with dense body hair.
- **Use Fleshy Areas:** Place electrodes on fleshy parts of the body for better conductivity and comfort.
- **Secure Placement:** Attach electrodes firmly to prevent them from slipping during the session.
- **Avoid Side-by-Side Placement:** Place electrodes with enough distance between them to create an effective pathway.
- **Avoid Broken or Irritated Skin:** Avoid applying electrodes to cuts, rashes, or irritated areas to prevent further discomfort.
- **Limit Time of Use:** For best results and to avoid skin irritation, wear electrodes for up to 1-2 hours per session. If you need longer use, move the patches to a new area after two hours.
- **Remove electrodes Slowly:** Peel off gently after use to protect the skin.
- **Check for Allergic Reactions:** If you experience redness or itching, discontinue use and consult a healthcare professional.
- **Store electrodes Safely:** After use, return patches to the provided plastic film and store in a clean, dry place for best results.